

MENTAL HEALTH SUPPORT

EMERGENCY SERVICES
000

HEADSPACE (12-25 YO)
1800 650 890

LIFELINE
13 11 14

MENSLINE AUSTRALIA
1300 789 978

SUICIDE CALLBACK
SERVICE
1300 659 467

BEYOND BLUE
1300 224 636

OPEN ARMS VETERAN &
FAMILIES COUNSELLING
1800 011 046

QLIFE - LGBTQIA+
SUPPORT 1800 184 527
(3PM-MIDNIGHT)

NATIONAL INDIGENOUS
POSTVENTION SERVICE
1800 805 801

BROTHER TO BROTHER
CRISIS LINE
1800 425 799

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YOUR GP CLINIC /
YOUR LOCAL HOSPITAL